When you can't change the direction of the wind adjust your sails When you can't stop the rain falling upon your skin let it soak in And when you can't see the sunshine, because of the clouds And the sky is all grey Don't you, don't you be disheartened, don't you give up don't ever give in

When you can't stop the waves rolling, just let them roll in, let them roll in.
When you can't stop time from moving, embrace the change, embrace the change.
And when you have mountains before you, that you have to climb, 'cause there's no other way.
Don't you, don't you be disheartened, don't you give up don't ever give in

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When there's no other way no other way Adjust your sails When there's no other way

But don't you, don't you be disheartened, don't you give up don't ever give in