There's a time for singing

A time for dancing

A time to celebrate

A time for rejoicing

So take some time

For all of these things

And don't lose sight...of your blessings

V2

There's a season for change

A season for growing

A season for letting go

And not always knowing

So allow the seasons

To pass on through your life

And don't lose sight...of your blessings

V3

There's a time for sorrow

A time for mourning

A time to say goodbye

A time for reflecting

So take some time

For all of these things

But don't lose sight...of your blessings

Repeat Verse 1